



The Good Eggs in the Community

Chapter 2: Ambassadors for Elders (November/December)

Overview:

In Chapter 2, Reggie's cousin, Peggy, comes back into town. Ms. Poach announced that the next service site would be the Albumen Omelette Oasis, a lovely facility where elder Eggs can go to live. Megg's uncle Yolkus and Coach Flo's great aunt Florentine both live there.

The Eggs spent their time visiting with the residents and doing activities like aerobics, painting, reading, gardening, and shuffleboard. They even shared a Thanksgiving dinner with the residents and prepared a holiday concert. The concert was a huge success with the help of a special performance by Uncle Yolkus and Benedict.

The Eggs connected their experience with the wider world by contacting Lishy in Australia and Takumi in Japan to encourage them to set up pen pals for older residents in their countries to write to the residents at the Albumen Omelette Oasis.

Lesson:

"The Omelette Oasis is a lovely facility where older Eggs can go to live. We will also be able to assist them with a lot of fun activities." – Ms. Poach to the Eggs

Service Activity:

This service activity will provide inter-generational understanding, kindness, and wisdom for children.

- Start a class discussion about older adults in the students' lives, especially their grandparents (keeping in mind sensitivity to those who may have lost their grandparents). Ask what their grandparent/older adult is like? Are they funny, loving, energetic? What do they like to do with them? What have they learned from them? The discussion should prove lively.
- Move the discussion into elder care centers, asking the students what they think the people who live there might like to do or what might brighten their day - brainstorm ideas.
- Depending on what the class comes up with, you could:
 - Write Thanksgiving notes to the residents of a local elder care center
 - Create a dance video to send to them (that would surely brighten their day!)
 - Zoom with a care center and say hello!
 - Put together care baskets for the center (include balloons or flowers)

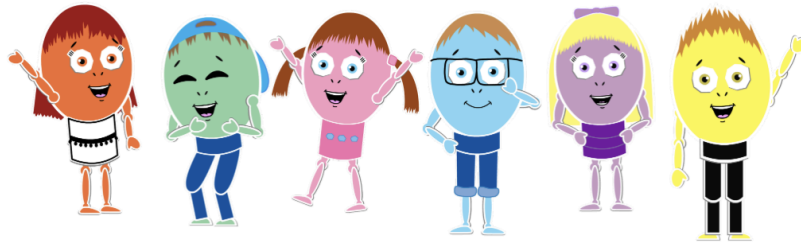
- Visit the center and play games or have a sing-a-long
- Visit close to Christmas and sing carols with them
- Become a “pen pal” with a resident of the center and write notes once a month

Reflection:

It is important for children to be able to relate to elders, to understand their needs, and to learn from their wisdom. By doing so, they begin to understand the circle of life. Unfortunately, there are a great number of lonely and sometimes forgotten elders in today’s world. As human beings, we show our kindness by reaching out to those who have no one. As parents and teachers, we know it is important to teach our children about caring for and respecting the dignity of elders.

In the United States, statistics show that the numbers of elders are increasing, especially with the retirement of the Baby Boom generation and the fact that people in general are living longer. Care for them needs to be at the forefront of our attention as citizens.

The reward of our effort not only benefits older people we may come to care for, but also sets an incredible example for our children regarding the potential size of our circle of compassion. The reach is endless and sometimes our children become the greatest advocates for change. Children who have the opportunity to serve elders will definitely tell others about their experience. The chain of positive reactions is endless!



Visit **The Good Eggs** website to explore our inspiring children’s books, SEL resources, podcast for kids, video series, monthly “Eggings,” blog updates, and social media links — all designed to help young reader’s hearts grow!

<https://www.thegoodeggs.org>

© **The Good Eggs**. All rights reserved. No part of this document or video may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of The Good Eggs Media..