

# The Good Eggs

BOOK 1 - VIRTUES

A SOCIAL EMOTIONAL  
LEARNING SERIES

Seggourney, Reggie, Megg, and Gregory are four friends that live and go to school in the small town of Albumen. Together, they are *The Good Eggs*!

*The Good Eggs* display virtues within their community, but what are virtues? Virtues are positive traits such as understanding, forgiveness, gratitude, generosity, cooperation, love, acceptance, respect, responsibility, honesty, confidence, and manners.

If you want to make a difference in someone's life, whether it be in your community or globally, you can also be part of *The Good Eggs* by practicing these virtues!



## S. Ciaramitaro

S. Ciaramitaro holds a Master of Arts degree from the University of Detroit Mercy and has taught morality, ethics, and social justice courses at a private high school in Michigan. In addition to her teaching career, she has taught, developed, and implemented programs and curricula that are focused on helping children realize the importance of living altruistic lives centered on love. *The Good Eggs* series is her contribution to supporting children as they learn about virtues, diversity, and service – essential concepts to integrate into their lives as they grow into Good Eggs!



To Learn More or To Donate Visit: [www.TheGoodEggs.org](http://www.TheGoodEggs.org)